

Prescription For Parks



The Town of Vienna Parks and Recreation Department is unveiling its Prescription for Parks program. The Department has teamed up with Barbara Mackie, MD, Mark Lander, MS, owner of Evolution Fitness, Robert Borgatti, R. Ph, Vienna Drug Center, George Mason University, Parks, Recreation and Leisure Studies Program, and Whole Foods Market Vienna to provide a resource for health care providers and community members in preventative care and fitness. The Prescription for Parks program highlights local trails in the Town of Vienna that can be used as a fitness tool. Each prescription bottle will contain maps of local trails, safety tips from the Vienna Police Department, flyers from our partners and sponsors and a tasty snack. Please stop by the Vienna Community Center, Evolution Fitness, Vienna Drug Center, the Office of Barbara Mackie, MD, or ask your local health care where you can pick up your FREE Prescription for Parks today!

For more details call Brandy Wyatt at 703-255-5721.